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The World On Pause: A Children's Book About Living During a Pandemic

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Recommended Citation

Desmarais, Amanda, "The World On Pause: A Children's Book About Living During a Pandemic" (2020). *Senior Honors Projects*. Paper 881.

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Discussion

This book brings light to the worldwide health crisis in an age appropriate way. Children can learn or be reminded of ways to stay physically and emotionally healthy and supported. Childhood can have an enormous impact on the future wellbeing of a person. If a child learns healthy coping strategies, this could help prevent the development of future mental health issues. The main character in the story, Kenny, is biracial in order to represent the disproportionate impact COVID-19 has had on racial and ethnic minorities. The story also brings attention to the hard work and sacrifice of healthcare workers. They have been working on the front-lines of the pandemic for the health of the community.



A cartoon illustration of a young person with curly brown hair, wearing glasses and a green and white striped shirt. The person is smiling and has a friendly expression. The background is a solid light blue color.

Thank you to my sponsor, Steven Cohen, for helping me with this project and being an exceptional professor.